

**Remote Support**

This document has information to help support me when I am in your care.

**READ THIS BEFORE assisting me with care or providing treatment.**

**My Information**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_

Insurance info: \_\_\_\_\_

**Primary Care Physician:**

Name: \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

**Primary Emergency Contact:**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

**Family Contact:**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

**Provider Contact:**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

**Allergies:**

\_\_\_\_\_

**Diagnoses:**

\_\_\_\_\_

\_\_\_\_\_

**Wound Care** (if applicable: area, dressing, etc.)

**Current List of Medications:**

## **Communicating with Me:**

**I communicate by:** (words, ASL, gestures -describe, behaviors-describe)

**Best way to communicate with me is:**

**When I like something, I (explain)**

**When I dislike something (explain)**

**When I am upset, I:**

**Best way to help me calm myself:**

**Sensitivities (light, sound, odor, etc.)**

**I exhibit pain by (describe behavior or verbal cues):**

**I take medications best** (Liquids, pills, mixed in applesauce/pudding):

**Pain can be best managed by** (PRN medications, distractions, repositioning)

**My Vision** (normal, require glasses, blind, impaired):

**My Hearing** (normal, require aids, deaf)

**My Level of Mobility:** (describe method, gait, equipment)

**Toileting:** (Continence level, assistance needed, bedside toilet)

## **Mealtime Assistance:**

**Diet (type and texture):**

**Positioning:**

**Assistance needed for eating:**

**Assistance needed for drinking:**

**Adaptive equipment needed** (nosey cup, utensils, weighted spoon or plate):